# Sunday Lunch

## Light Bites

Soup of the Day Freshly made soup served with warm sourdough	£5.95
Prawn Cocktail Served the traditional way with Marie Rose sauce	£7.95

## Ciabattas & Wraps

Served with a salad of tomato, cucumber, red onion and balsamic dressing or swap your salad for chips for £1.00. Add sweet potato fries for £1.40. Add a mug of our daily soup for just £1.95.

,	
Falafel & Spinach Wrap (vg) Served with mixed leaves and tahini dressing in a beetroot tortilla	£6.95
Brie, Tomato & Chutney Ciabatta (v) Soft brie, tomato and cider apple chutney	£7.95
Tuna Melt Ciabatta Tuna Mayo with mozzarella and red onion	£7.95
Giant Fish Finger Ciabatta With rocket and tartare sauce	£8.95
Moroccan Chicken Burrito  Harissa spiced chicken with spinach, raisins, toasted almonds and lemon crème fraîche, served in a toasted tortilla	£8.95
Rump Steak Ciabatta With caramelised onions, mustard mayo and rocket	£9.95

# Jacket Potatoes

Served with a salad garnish	
Smoked Bacon & Brie	£8.95
Smoked Bean & Vegetable Chilli (vg)	£8.95
Smoked Salmon with Lemon & Chive Crème Fraîche	£8.95

## Roasts

Available 12pm until 3pm	
Root Vegetable, Apricot & Goats Cheese Nut Roast (v) Served with roast potatoes, seasonal vegetables and gravy	£9.95

from £10.95

Served with roast potatoes, seasonal vegetables and gravy

Today's Roast

## Mains

Black Bean Jambalaya (vg)(gF) Mediterranean mixed vegetables, black beans mixed with rice and served with salad garnish. Add chicken or prawns for £2.00	£9.95
Falafel & Spinach Burger (vg) Served in a vegan brioche bun with lettuce, tomato, onion chutney, and chips Add brie for $\pounds 1.00$	£10.95
Chicken Burger Grilled chicken breast topped with crispy bacon, Monterey Jack cheese, tomato and lettuce, served with chips, onion chutney and coleslaw	£11.95
6oz Steak Burger Topped with crispy bacon, lettuce, tomato & Monterey Jack cheese, served with chips and coleslaw	£11.95

## Sides

Coleslaw	£1.95
Chips	£2.75
Sweet Potato Fries	£2.95
Garlic Bread	£2.95
Garlic Bread with Cheese	£3.95
Side Salad	£3.95



Coffee	
	Regular   Large
Americano Cappuccino Caffè Latte Mocha Espresso Macchiato Flat White Babycino Add Marshmallows Extra Shot Coffee Syrup	£2.50   £2.70 £2.75   £3.15 £2.75   £3.15 £2.95   £3.25 £1.70   £2.50 £2.95 £2.95 £0.95 £0.50 £0.60 £0.40
Iced Coffee	
Americano Caramel Latte	£2.95 £3.45
Tea	
Tea Decaffeinated Speciality Tea Loose Leaf Tea	£2.00 £2.00 £2.25 £2.25

Hot Chocolate

Luxury with cream, marshmallows & flake

Plain

Soft Drinks	
Glass of Cold Milk Apple/Orange Juice Still/Sparkling Water J2O Diet Coke, Coke Zero, Fanta, Sprite Classic Coca-Cola Iced Tea Peach, Passion Fruit & Lemon or Lemon & Ginger	£0.95 £1.95 £1.95 £2.25 £2.50 £2.75 £2.95
Fruit Smoothies  Made with 100% fruit and blended with apple juice	
Gardener's Delight Passion fruit, pineapple and mango	£3.95
Squireberry Strawberry, raspberry, and blackberry	£3.95
Garden of Paradise Strawberry and banana	£3.95
Greenfingers Pineapple, mango, kiwi and strawberry	£3.95
Milkshakes	
Made with Kelly's of Cornwall Ice Cream	
Create your own with your choice of ice cream, or our own suggestions:	
Chocolate Oreo®	£4.50
Galaxy® Salted Caramel	£4.50

£2.95

£3.45