

HOT DRINKS

COFFEE Made with semi skimmed milk, other milks are available	REGULAR	LARGE
Espresso 24kcal 48kcal	£2.30	£3.00
Americano 48kcal 72kcal	£3.30	£3.50
Latte 136kcal 200kcal	£3.60	£4.00
Cappuccino 136kcal 200kcal	£3.60	£4.00
Flat white 131kcal	£3.60	
Macchiato 53kcal	£3.60	
Mocha 253kcal 287kcal	£3.70	£4.20
Babyccino 46kcal	£1.00	
Coffee syrup – vanilla 85kcal, caramel 81kcal, hazelnut 79kcal	£0.90	

POT OF TEA

English Breakfast, Earl Grey & Decaffeinated 2kcal		£2.80
Speciality: Camomile, Green tea, Lemongrass & ginger,		£3.00
Peach & green tea, Peppermint and Red berry & flower 2kcal		

HOT CHOCOLATE

Plain 205kcal 302kcal	£4.00	£4.50
Luxury, with cream, marshmallows & flake 417kcal		£4.80

COLD DRINKS

SOFT DRINKS

Arizona Lemon Ice Tea 150kcal		£3.99
Arizona Pomegranate Ice Tea 155kcal		£3.99
Firefly Peach & Green Tea 102kcal		£3.99
Firefly Kiwi, Lime & Mint 122kcal		£3.99
Classic Coca-Cola 139kcal		£3.79
Frobisher's Orange & Passion Fruit 99kcal		£3.49
Frobisher's Apple & Raspberry 82kcal		£3.49
Coke Zero 1kcal		£3.49
Diet Coke 2kcal		£3.49
Fanta 63kcal		£3.49
Sprite Zero 3kcal		£3.49
Appletiser 129kcal		£3.29
Frobisher's Orange Juice 90kcal		£2.99
Frobisher's Apple Juice 105kcal		£2.99
Still Sparkling Water 0kcal		£2.79
Glass of cold milk 115kcal		£0.99

ICED COFFEE Made with semi skimmed milk, other milks are available

Iced Latte 196kcal		£3.99
Americano 63kcal		£3.79

MILKSHAKES Topped with whipped cream

Banoffee 421kcal Chocolate Oreo® 556kcal Strawberry 381kcal		£4.99
---	--	-------

SMOOTHIES Blended with apple juice

BOTANICAL BLISS 191kcal Raspberry, blueberry, banana & flax seeds		£4.99
GARDENER'S DELIGHT 160kcal Passion fruit, pineapple & mango		
GARDEN OF PARADISE 191kcal Strawberry & banana		
GREENFINGERS 158kcal Pineapple, mango, kiwi & strawberry		
SQUIREBERRY 132kcal Strawberry, raspberry and blackberry		
TROPICAL GREENHOUSE 194kcal Mango, coconut, pineapple, mint and lime		